

## LGBTI Terminology Guide

*This terminology guide is an introduction only and is not comprehensive. Please be aware that although we present this as current good practice, terminology is ever evolving and developing.*

Gay Person	A person who is attracted only to people of the same gender as they are
Lesbian Woman	A woman who is attracted only to women
Bisexual Person	A person who is attracted to people of more than one gender or regardless of gender
Asexual Person	A person who does not experience sexual attraction
Transgender Person (Trans Person)	A person whose gender identity or gender expression is different from those typically associated with the sex assigned to them at birth. Used as an umbrella term
Transsexual Person	A person who identifies clearly and consistently with a gender that is not associated with the sex assigned to them at birth and therefore seeks to transition
Trans Man	A person who was assigned female at birth but has a male gender identity and therefore transitions to live fully as a man
Trans Woman	A person who was assigned male at birth but has a female gender identity and therefore transitions to live fully as a woman
Non-binary Person	A person who does not identify solely as a man or a woman. Instead they have a more complex or fluid gender identity or do not define their gender
Agender Person	A person who identifies as having no gender
Cross-dressing Person	A person who occasionally wears clothing and/or makeup and accessories that are not traditionally associated with the sex they were assigned at birth
Intersex Person	A person born with their chromosomes, internal reproductive system and/or external genitals varying in some way from what would usually be considered clearly male or clearly female

Sexual Orientation	Refers to the gender(s) of people to which we are sexually or romantically attracted
Gender Identity	Refers to how we see ourselves in regards to being a man or a woman or somewhere in between/beyond
Gender Reassignment	Any part of a process of transitioning to live in a different gender (regardless of whether any hormonal or surgical changes take place)
Gender Expression	Refers to all of the external characteristics and behaviours that are socially defined as either masculine or feminine, such as clothing, hairstyle, make-up, mannerisms, speech patterns and social interactions

LEAP Sports is Scotland's LGBTI sports charity, working to:

- remove the structural, social and individual barriers which prevent LGBTI people from accessing, participating and excelling in Scottish sport
- eradicate homophobia, biphobia and transphobia within sport

Find out more at [www.leapsports.org](http://www.leapsports.org) / [@LEAPsports](https://twitter.com/LEAPsports)